



BREAKFAST

HOT CHOCOLATE	\$3.00
PANCAKE	\$3.00
MUFFIN	\$0.60
VEGEMITE & CHEESE SCROLL ✓	\$2.50



TEACHERS & PARENTS
 ICED COFFEE \$4.00
 MACHINE COFFEE \$4
 SOFT DRINK \$2.50

Term 4 2026

MENU



TOASTIES

CHEESE	\$4.00
HAM & CHEESE	\$4.50
CHICKEN & CHEESE	\$5.00
HAM, CHEESE & PINEAPPLE	\$5.50
HAM, CHEESE & TOMATO	\$5.50
CHEESE & TOMATO	\$4.50

CHOICE OF WHITE BREAD/ MULTIGRAIN OR WRAP



SANDWICHES & WRAPS

CHICKEN CAESAR WRAP	\$5.00
CHICKEN MEAT, COS LETTUCE, PARMASEN CHEESE, DICED BACON, EGG, CAESAR DRESSING ON A WRAP. GF OPTION AVAILABLE	\$1.50
SANDWICH /WRAP 1 FILLING	\$4.00
TUNA/HAM/CHICKEN/CHEESE/EGG/SALAD OR FALAFEL	
PLAIN SANDWICH	\$2.50
VEGEMITE/HONEY/JAM	
EXTRA FILLING	\$1.00
HOMMUS/MAYO/AIOLI/GUACAMOLE/SALAD	
EXTRA FILLING	\$0.50
PINEAPPLE, CHEESE, TOMATO	
GLUTEN FREE BREAD OR WRAP	\$1.00

CHOICE OF WHITE BREAD/ MULTIGRAIN OR WRAP



EVERYDAY MEALS

CHICKEN BURRITTO BOWL GF ✓ \$7.00

SLOW COOKED PULLED CHICKEN IN MEXICAN SALSA WITH BEANS & CORN, LETTUCE, RICE, CHEESE, TOMATOES, & SOUR CREAM

HOMEMADE LASAGNE ✓ \$5.50

BEEF MINCE, GRATED ZUCCHINI & CARROT, PASTA SAUCE WITH CHEESE AND CREAMY SAUCE

FRIED RICE DF GF ✓ \$5.00

RICE, CHICKEN, PEAS, CORN, CARROT SOY SAUCE (VEGETARIAN AVAILABLE)

TERIYAKI CHICKEN RICE NOODLE SALAD GF ✓ **NEW!** \$6.00

CHICKEN IN A TERIYAKI SAUCE, RICE NOODLES, LETTUCE, LETTUCE, CUCUMBER AND CARROT VEGAN OPTION TOFU

VEGETABLE SPRING ROLLS 6 FOR \$3.00 12 FOR \$6.00

SERVED WITH SWEET N SOUR SAUCE

CHICKEN NUGGETS (5) \$5.50

TEMPURA STYLE, OVEN BAKED
EXTRA NUGGET \$1.00

FALAFEL (7) WITH HOMMUS VGF ✓ \$4.50

EXTRA FALAFEL \$.60C

PARTY PIE \$2.00

GARLIC BREAD \$3.50

SPINACH & FETA ROLL \$4.00



DAILY SPECIALS

TUESDAY TUCKSHOP TWISTER ✓ \$6.00

CHICKEN TENDER IN A WRAP WITH LETTUCE & MAYO

CHEESEBURGER **NEW!** \$6.00

CBEEF PATTIE, LETTUCE, CHEESE AND CHOICE OF BBQ OR TOMATO SAUCE

THURS-YAY SUSHI ✓ \$6.00

CRISPY CHICKEN & AVO/TUNA GF/VEGETARIAN
V/CHICKEN TERIYAKI GF/PRAWN

PIZZA FRIDAY \$5.50

PLAIN CHEESE & NAPOLI SAUCE
BBQ MEATLOVERS
HAWAIIAN



DIETARY NEEDS
PLEASE CHECK
FLEXISCHOOLS

GLUTEN FREE ,
VEGETARIAN, DAIRY
FREE & VEGAN OPTIONS

VOLUNTEERS ARE ALWAYS WELCOME,
PLEASE SEE TUCKSHOP TEAM FOR DETAILS