TRINITY BEACH STATE SCHOOL
TUCKSHOP MENU 2017

PREPARED FOODS
MUST BE ORDERED FOR LUNCH

SANDWICHES - EVERYDAY
White or Multigrain:

ROLLS—Everyday (Extra 30c)

WRAPS—Everyday (Extra 50c)
Salad (Lettuce, Tomato, Cucumber, Carrot and Sprouts)

Vegemite/ Jam/Honey $2.00
Cheese $3.20
Egg/Curried Egg $3.20
Tuna/Ham $3.50
Chicken $3.50
Salad $4.50
Egg & Salad $5.00
Cheese & Salad $5.00
Ham & Salad $5.00
Tuna & Salad $5.00
Chicken & Salad $5.00
Toasted Extra 30c
Extra fillings: Pineapple, Beetroot or Onion 30c

TRAYS - MON/TUES/THURS
Salad (Lettuce, Tomato, Corn, Carrot, Cucumber, Pineapple, Beetroot, Sprouts & 1/2 Egg)$5.50

Egg & Salad GF $6.50
Ham & Salad GF $6.50
Tuna & Salad GF $6.50
Chicken & Salad GF $6.50
Chicken Caesar Salad $6.50

EXTRAS—EVERYDAY
Vegetable Pastie $3.50
Corn Cobs 80c
Boiled Egg 80c
Buttered Bread or Roll 80c
Tomato Sauce 30c
Sweet Chilli Sauce 30c
Lite Sour Cream 30c
BBQ Sauce 30c
Spoons 05c
Paper Bags 05c

HOT FOODS
MUST BE ORDERED FOR LUNCH

MONDAY
Hamburger (mince, lettuce, tomato & sauce) $5.00
Cheeseburger (mince, cheese, & sauce, no salad) $5.00
Cheeseburger with salad $5.00
Veggie burger (with Sour Cream and Sweet Chilli Sauce) $5.00

TUESDAY
Sushi (Chicken & Avocado) GF $4.50
Sushi (Tuna & Salad) GF $4.50
Egg Cheese & Bacon Quiche $3.50
Garlic Bread $1.50
Pizza Rounds $3.00

WEDNESDAY
Special Meal Deal $7.00
(Meal/dessert/drink; juice/ milk/water)

EACH WEDNESDAY WE WILL HAVE A DIFFERENT MEAL. CHECK TUESDAY’S NEWSLETTER FOR DETAILS.

THURSDAY
Crumbed Chicken Tenderloins with lettuce and mayo on a long roll or wrap $5.00
Crumbed Chicken Tenderloins $2.50
Garlic Bread $1.50
Veggie Burger (With Sour Cream and Sweet Chilli Sauce) $5.00
Chicken Schnitzel GF $2.50

FRIDAY
Piece of Fish $3.00
Potato Wedges $2.50
Garlic Bread $1.50
Tartare Sauce .30
Sour Cream .30

SNACK FOODS
EITHER ORDER OR OBTAIN OVER THE COUNTER

Fruit $1.00
Fruit Salad $1.00
Pineapple ring—frozen GF 40c
Popcorn 30c
Cheese Stick 70c
Dried Apricot 10c
Mini Muffins(Made fresh) 50c
Biscuits 50c
Sao x 2 with vegemite/jam $1.00
Corn Thins x 2 GF $1.00
Chips $1.50

ICEBLOCKS
Paddlepops $1.40
Icy Twist GF $1.00
Frozen Cup—juice/ cordial/milk + spoon GF $1.00
Frozen Yoghurt GF $2.00
Mini Maids GF 70c

DRINKS
Milk plain $1.00
flavoured $2.50
Juice (Box) 100%
Orange, apple, apple/blackcurrant, tropical $1.50
Water
Water 600ml $1.50
Slushi $2.00

GF—Gluten Free

We would love your help in the Tuckshop. Please ring 4057 1439

Do not staple or sticky tape bags please and only use a dark pen or marker, as pencil is too hard to see.
All Daily Prepared Food and Daily Hot Food items needed for the 11.00am Lunch Break must be ordered by 9.00am each day. Write your child’s name, class and order on a paper bag and enclose payment. Put the order in the class Tuckshop ‘basket’, which must be taken to the Tuckshop by 9.00am each day.

The Tuckshop will be open for over the counter sales from 11.15 to 11.45am each day and Thursday and Friday 1.30 to 2.00pm for drinks, iceblocks and snacks.

It will not be open on Monday—Wednesday during the afternoon Activity Break.

Your voluntary help is vital for the continuing success of our Tuckshop. Please ring the Tuckshop to volunteer your time on 4057 1439 or email All funds raised go directly to the school to help purchase resources for all the students.

**UNIFORMS ITEMS** From 8.30am to 12.00pm DAILY

<table>
<thead>
<tr>
<th>SCHOOL SHIRTS</th>
<th>$30.00</th>
<th>SCHOOL SHORTS</th>
<th>$20.00</th>
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</thead>
<tbody>
<tr>
<td>SPORTS “HOUSE” SHIRTS</td>
<td>$25.00</td>
<td>HATS</td>
<td>$10.00</td>
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**STATIONERY ITEMS** From 8.30am to 12.00pm DAILY

| Coloured Pencils (set) | $3.00 | Crayons (Crayola 12s) | $2.00 |
| Felt Pens             | $2.00 | Pencil HB             | $0.50 |
| Rubber               | $1.20 | Ruler                 | $1.00 |
| Scissors             | $2.00 | Sharpener             | $1.20 |
| Glue Stick           | $3.50 | Gray-Pas              | $3.00 |
| Micador Oil Pastels  | $2.30 | Exercise Book A4      | $1.00 |
| Quad Book            | $1.00 | Document Wallet       | $0.70 |

**BREAKFAST MENU @ TUCKSHOP**

Opening hours 8.30—8.45am

| Cereal                  | $2.00 | Toasted Sandwiches         |
| Raisin toast (2 slices) | $2.00 | Cheese                      | $3.50 |
| Toast (2 slices with Jam/ | $2.00 | Cheese & Vegemite          | $3.70 |
| Honey or Vegemite       | $2.00 | Ham & Cheese               | $4.10 |
| Hash Brown             | $1.50 | Ham, Cheese & Tomato       | $4.40 |
| Pancake with jam/honey  | $2.00 | Ham & Cheese Croissant     | $3.20 |
| or maple syrup         | $2.00 | Ham, Cheese & Tomato       | $3.50 |
| Croissant with Jam     | $2.00 | Croissant                  | $3.50 |
| Up & Go Breakfast Drink | $3.00 |

**Drinks**—No other drinks at breakfast

| Milk—Plain             | $1.00 |
| Milk flavoured         | $2.50 |
| Juice                 | $1.50 |
| Banana or Blueberry or | $3.50 |
| Mixed Berry Smoothie  |       |